

PRESIDENT'S LETTER—DOUG KIRK

KBC is moving the location of its monthly meetings.

Starting with the February 12th meeting, we will meet at Shakespeare's Pub. Yes, that Shakespeare's, a block and a half west of Bell's at 241 W. Kalamazoo Ave. There's plenty of free parking just west of the building. Inside, there's FREE popcorn or you can order off the menu. Of course, there's also a fine selection of alcoholic and non-alcoholic beverages. Management has promised us the entire back corner of the upstairs to ourselves.

Need another great reason to come to the meeting besides this great, central location? How about this: Ride Leader sanctioning is underway for 2019. See [this link](#) (hold the Ctrl key while clicking to follow the link) for details and a link to the Ride Leader Registration Form. Remember sanctioning must be renewed each year so unless you were at the December meeting (where we began the 2019 sanctioning) you have to come to a club meeting to be sanctioned again this year.

Why do you have to come to a club meeting every year to receive the benefits of being a sanctioned ride leader? Glad you asked! It's also one of the reasons we're moving to Shakespeare's—because we really, really want to increase attendance at our monthly meetings. We'd like as many of you as possible to come to the meetings. Beer, wine, popcorn, and food—what's not to like?

This change of location is meant to change the entire vibe of our meetings. Meetings will be a chance to get together with your bike buddies, tell a few stories, and enjoy one another's company—in addition to taking care of bike club business.

We want as many of you as possible to get to know as many of you as possible. KBC has hundreds of members, but up to now it's rare that we have more than 20 or 25 members at a meeting. As your new President and Vice-President, Paul Sotherland and I really hope you'll come enjoy the atmosphere, have some fun, say hello, let us know what you think—and get sanctioned to lead rides this year.

--Doug Kirk President@kalamazooBicycleClub.org



INSIDE THIS ISSUE

KBC Meeting Notes.....	2, 3
Ride Leader News	4
Pastor Dale!	5
Recovery Party!	7
Bike Camp	8
Kal Tour.....	10
Editor's very well reasoned and articulate letter.....	11

SPECIAL POINTS OF INTEREST

- Do you take pictures? Send some cycling pics for inclusion in future PedalPress issues! editor@kalamazooBicycleClub.org
- February PP focus on Women in cycling

KBC MEETING NOTES— DECEMBER 11, 2018

Finance report, Mike Boersma:

\$6,176.66 in PNC CD

As of December 11, the club had the following balances:

Mike highlighted that donations and grants fund the 5' passing campaign and that no general funds are used for that. Mike also mentioned that the sponsorship for the BTR (previously \$1,000 annually) is not a planned expense for next year.

\$4,016.15 in PayPal

\$6,107.56 in PNC Checking

THANK YOU DONORS!

Pedal North Bicycle Shop
Pedal South Bicycle Shop
Zoo City Bicycle Shop
Arienne Associates
Village Bicycle Shop
Tomme Maile
Karen Chapman
Doug & Kathy Kirk
Thom Brennan
Paul Sotherland
Paul Selden
Mike Boersma, in memory of Garrett Boersma
Julia Bates
Dennis Lundgren
Rick Whaley
Barbara Hart
Ryan Heidenfeld
Richard Rumsey
Paul Runnels
Teri Olbrot
Steven Stapleton
Marriann Litznerski
Dale Abbott
Bruce Withers
Andrew Foster

The Kalamazoo Bicycle Club is a 501(c)(3) charitable organization and donations are tax deductible. You may donate by holding Ctrl and clicking [here](#).

You may also designate how you wish your donation be used: general KBC activities, 5 foot passing education, or the Tuesday Night Time Trial series. You may also donate by check by sending your donation to Kalamazoo Bicycle Club, P.O. Box 50527, Kalamazoo, MI 49005. Please write "Donation" in the memo line.

Thank you, Mike Boersma
KBC Treasurer

KBC COMMITTEE REPORTS

Opening Remarks from New President and V.P. Doug Kirk thanked Renee and John for their service and their handling the response to the tragedy. Doug also thanked Paul for his insight and input as a Vice President. Paul Sotherland brought his bicycle-powered blender that will be available for use at the recovery party. [Editor's note, see photo later in this issue.]

Combining of Grants and Awards Committee Doug mentioned that there was an executive committee meeting during which a few changes were made. The director of road safety position was eliminated as it has been unfilled, and no one has expressed interest in the position. The combining of Grants and Awards Committee was due to the fact that the committees often had little to do at times, and it didn't seem necessary to have two separate volunteers who are underutilized in their roles.

Grant Committee Terry O'Connor: We received a request from the N24HC, the largest event of its kind in the US. The event attracts 100s of riders each year. The request was for \$500 to be received by June 15th of this year. Ryan Heidenfeld attended to represent the organization. The grant committee approved the request and the treasurer verified that the amount requested was within the budget. Ryan thanked the club for their support. The grant committee includes John Olbrot, Jeff Newman, Zolton Cohen, and Dave Jones. Pam Sotherland will take Dave Jones place moving forward.

Doug thanked John Knowlton for his service as the newsletter editor. Doug also mentioned additional club members stepping up to volunteer and those who are continuing in their roles. KalTour will now have a director, Mike Krischer, and a co-director, Terry Butcher.

KBC MEETING NOTES CONTINUED —DECEMBER 11, 2018

Search for Fundraising Director. The club is looking for someone to represent the club as a fundraising director. A member suggested that we might look at filling this position with two people: one to publicly represent the club and another to write the grant requests.

Bike week KBC Meeting: The club may do something special for the May Meeting which will take place during bike week. Doug is open to suggestions to make this meeting a little more special. Thom Brennan mentioned that we should reach out to other organizations and individuals involved in bicycling at the meeting, to bring them together.

Vote for Friend of Bicycling Award: John Dunlop and the Portage Central Middle School were awarded the friend of bicycling award.

Changes in Ride Leader Duties and Sanctioning: The executive committee met and discussed insurance coverage for riders and sanctioning ride leaders. A draft document was created to describe situations in which riders are covered by club insurance. On the reverse side of the paper, there was a summary of what is expected by ride leaders. [See VP's letter in this issue of PP.]

New business: There will be a new venue for the club meetings. Starting at the February meeting, we will meet at Shakespeare's Pub. The sign in and acoustics at the YMCA were cited as reasons to look for another location. There will be several announcements to remind members of the new location. Other meetings will move as well.

Mike Boersma requested that the club consider writing a resolution to thank Bob Miller for his support of the BTR race. His retirement from the university is coming up in June. Mike offered to draft a resolution and to circulate it amongst the EC.

Terry O'Connor mentioned that AMBUCs made a delivery of a bike to Pastor Dale who has ridden extensively throughout the state and the country. Pastor Dale has been in therapy for a little over a year and he is looking forward to riding the bike soon. Pastor Dale was a longtime supporter of AMBUCs and hopes to ride a traditional bike soon too.

Paul Guimond asked about club membership being verified previously as club rides. This isn't happening anymore, and Paul suggests that membership would increase if we were to remind participants if they are members. Doug clarified that club rides should be welcoming, but membership is encouraged. Doug thought that this is a great idea and something that should be discussed further, especially when the weather gets nicer. Gordy also asks who is a new rider at club rides to make sure that they find groups that they are comfortable with. Paul mentioned that he will share the bike camp dates with the team and will convey volunteer needs to the team. Doug mentioned that bike fit and repair help and ride leaders are needed. Paul Wells will communicate more concrete needs to the team.

Submitted by Secretary Val Litznerski

ATTENDEES

Mike Boersma
Terry O'Connor
Gordy Vader
John Idema
Dale Krueger
Doug Kirk
Paul Sotherland
Kevin Oostema
Dale Abbott
Mark Jensen
Paul Wells
Thom Brennan
Rick Whaley
Susan Aubert
Barney Martlaw
Mike Vendereen
Bruce Caple
Paul Guimond
Kathy Kirk
Teri Olbrot
David Jones
Pam Sotherland
Karen Applebey
Michael Krischer
Bonnie Conway
Ryan Heidenfeld
Paul Pancella
David Riggs
John Knowlton
John Olbrot

KBC INSURANCE COVERAGE AND RIDE LEADER RESPONSIBILITIES

In his President's Letter, Doug Kirk referred to the "Ride Leader Registration Form," on which a new responsibility for Ride Leaders is listed. Because we're adding this form to the process of Ride Leader sanctioning along with a new Ride Leader responsibility this year we want to explain the changes. (A version of what follows is at the KBC website on the [Insurance Coverage](#) and [Ride Leader Responsibilities](#) pages.) **Note: hold Ctrl while clicking orange text to go to the website.**

As you might already know, KBC's insurance covers members and first-time guests on any bike ride or individual time trial with a KBC Ride Leader, who is sanctioned annually by the KBC Executive Committee. This means that members are covered by KBC insurance only when they are on a ride with a Ride Leader. This also means that any time a Ride Leader goes on a ride with at least one other person, everyone on the ride is covered by the insurance. That's a pretty big deal and a clear benefit to being a KBC Ride Leader.

In return for this benefit, KBC asks that Ride Leaders do two things they've done in the past plus one new thing.

Pledge to conduct rides in accordance with the KBC "Ride Leader Guide" and "Group Riding Guidelines" found on the "Resources" page of the KBC website;

Serve as a leader, or sweeper, for at least two regularly scheduled Club Rides or other rides listed on the KBC Ride Calendar (for example a KalTour ride, the Anniversary Ride, the ride to South Haven, or the W Ride).

Be familiar with information in "What Every

Michigan Bicyclist Must Know;" and

Starting this year, KBC asks members who want to be a Ride Leader to complete an on-line Ride Leader Registration Form ([click here for on-line link](#)), which includes a request to list someone who attests to your ability to fulfill the three responsibilities listed above, and then show up at a KBC meeting to be sanctioned.

So, get a biking buddy to support your Ride Leader Registration, complete the form, attend a KBC monthly meeting (**now at Shakespeare's!**) to be appointed a KBC Ride Leader, and then lead/sweep rides while covered by KBC insurance. Remember...the idea behind having Ride Leaders is to make our rides as safe and fun for as many riders as we can, and to insure as many riders as we can. Doug and I, along with all other KBC members, THANK YOU in advance for your help with this collaborative task.

-Paul Sotherland – vicepresident@kalamazoobicycleclub.org



*Biking Buddies on Mann Road!
(Kathy Kirk and Pam Sotherland)*

PASTOR DALE IS BACK ON THE BIKE!

Pastor Dale Krueger, after recovering from an accident 18 months ago, is finally back on a bicycle thanks to AMBUCS and the partnership with KBC.

While riding through his neighborhood, Pastor Dale's encounter with a cat dashing across the street caused him to crash resulting in multiple breaks in his leg bone. Since June 2017, he has been in physical therapy regaining his strength and balance.

Thanks to the long-standing relationship with KBC and AMBUCS, Dale was presented with an AMTRYKE by Kazoo Valley AMBUCS, which have supported our KalTour summer fundraiser with SAG personnel.

AMBUCS' mission is to inspire people to conquer challenges related to mobility and independence, through a nationwide of volunteer chapters, working in partnership with physical, occupational and speech therapists. They provide adaptive trykes to individuals like Pastor Dale to give them hope and freedom.



Terry O'Connor, Pastor Dale Krueger and Michael Krischer



Pastor Dale is KBC's oldest member at age 87 and he has recorded thousands of Michigan miles with DALMAC, Northwest Tour and other local events as well as international locations such as Germany, Austria, Ireland and Switzerland.

Donna Whitcomb, President of Kazoo Valley Ambucs, presented the new therapeutic bike to Dale December 5, 2018 at an Ambucs Holiday Event held at Fred Sammons and Barbara Ryder's home in the Winchell area.

Wishing you only the very best Pastor Dale on your new "steed". Keep pedaling!

Submitted by Terry O'Connor

Donna Whitcomb presenting the AMTRYKE to Pastor Dale

LETTER TO THE EDITOR

I took a break. It was good. I came to some understanding.

I ran for president of KBC last year to try to affect change. It appears that there have been several changes since then, and I must say that the leadership has made some significant efforts to support cycling in the area. A lot of you don't care about this sort of thing, and just want to ride happily. That's great. That's most of what club is about. If this is you, don't read any further.

When I ran for KBC president last year, I learned quite a bit. I heard some very good messages, and some very negative, even spiteful, ones. One person said that I was not the right person for KBC. My first response was disagreement, however, after the vote I realized that the person was completely right; I don't fit the KBC culture as a whole. That's ok. We don't always fit.

The culture hasn't changed significantly, from what I've seen.

While some things have changed, many haven't. I recently asked a member of leadership if they were considering electronic voting as it is difficult/near impossible for many people to attend Tues nights. I was told that things worked last year and that they were not considering such a change. To me, this is disregarding needs of the membership, and smacks of voter suppression.

[Editor's note: I deleted a paragraph here]

Regarding elitism: Many in Kalamazoo view the KBC as elitist. Some is certainly due to a general view that all cyclists think that they are special with their spandex and stuff, but there are other aspects to elitism. For example, when told that there is a perception in Kalamazoo that KBC is elitist, the response of leadership was "No, we're not." That is elitism- a refusal to even consider another view point.

There are other things that have bothered me over the years about KBC; but going through them doesn't matter now (ok, here's one... ride leadership).

I have made a lot of great friends through KBC, and I do not doubt many people's dedication to cycling and the community.

I sincerely hope that cycling in the area continues to grow and that people enjoy their rides and bikes and camaraderie. I also sincerely hope that the culture in KBC changes to become more positive and inclusive.

-Scott Baron

KBC STATISTICS

Total Memberships: 340

Total Individuals: 556

January Expiring Members:

David Jarl; John & Barbara Hart

New or Renewed Members: John Shubnell; Michael Boersma; Ryan Heidenfeld

RECOVERY PARTY AND AWARDS

KBC's annual recovery party will be held Saturday January 26 from 7:00 to 10:00 p.m. at Wind + James, the Clark Logic event center. The address is 555 Eliza St. (W Ave.), just 5 blocks East of 131. Visit www.KalamazooBicycleClub.org for details. (Basically it is just an excuse to see our cycling friends during the winter.)

“The KBC Recovery Party is the CANT MISS event on EVERYONE’s winter calendar!” January 26, 2019 from 7:00 to 10:00 p.m.

One tradition of the recovery party is the presentation of awards. Typical categories include most improved male; most improved female; why warm up (given to the person who jets out of the parking lot), last to show up (given to someone chronically late), best wheel to suck. If you have candidates for awards or an idea for a new award and recipient, please send your ideas to El Presidente Kirk: president@KalamazooBicycleClub.org.



The Bike-Powered Blender will be a feature of the 2019 Recovery Party. Take it for a spin and make a smoothie or margarita.

WAM 300 - July 25-28, 2019

Called a ‘moving city’ for its sheer scope and size, rookie and veteran riders travel across Michigan countryside during the three-day, 300-mile, fully supported tour. The tour includes fully catered meals, break stops, support vehicles, medics, massage therapists and much more! Wish Heroes (who are wish recipients) will be there to inspire and motivate you throughout the tour and will meet you at Heroes Hurrah which is the finish-line celebration!

Thursday, July 25, 2019: Travel Day: EATON Proving Grounds (Marshall) to Traverse City

Friday, July 26, 2019: Ride Day 1: Traverse City to Big Rapids

Saturday, July 27, 2019: Ride Day 2: Big Rapids to Grand Ledge

Sunday, July 28, 2019: Ride Day 3: Grand Ledge to EATON Proving Grounds (Marshall)

WAM 100 – July 28, 2019

New this year to WAM is our one-day, 100-mile ride starting and ending at Eaton Proving Grounds in Marshall, MI. This ride includes a lunch stop, support vehicles, medics, massage therapists and much more. Wish Heroes (who are wish recipients) will be there to inspire and motivate you throughout the tour and will meet you at Heroes Hurrah which is the finish line celebration!

WAM 50 – July 28, 2019

WAM 50 is our one-day, 50-mile ride starting and ending at Eaton Proving Grounds in Marshall, MI. This ride is ideal for both beginner and expert cyclists and includes support vehicles, medics, massage therapists and much more. Wish Heroes (who are wish recipients) will be there to inspire and motivate you throughout the tour and will meet you at Heroes Hurrah which is the finish line celebration!

Kedrin Gall

Wish-A-Mile® Manager, kgall@michigan.wish.org Direct: 810.522.6510

Bike Camp 2019 Coming in May

Registration opens on January 1st for KBC's Bike Camp. If you or someone you know, a family member or friend who isn't comfortable with riding on the road, tell them they can benefit by enrolling in Bike Camp for 2019, a multi-session information and training program for cyclists getting more serious about the sport, or wishing to hone their skills.

KBC has successfully trained new cyclists for 14 years with this program. The instructors are seasoned, experienced cyclists who are passionate about bringing interested folks into this great sport. Attendees complete the program knowing how to safely, comfortably, and efficiently ride their bike.

Topics covered include a review of laws applying to bicycles, safe biking skills, bike fit adjustments to improve comfort and efficiency, fitness goals, nutrition, and bike maintenance. Families, adults new to road cycling, and those renewing their interest in the sport can all benefit from Bike Camp.

Bike Camp Dates:

Session 1: Thursday, May 9th, at 6:30 PM. This is an orientation and informational session, without your bike, held at the Greater Kalamazoo Association of Realtors (GKSR) Auditorium located at 5830 Venture Park Drive, Kalamazoo.

Sessions 2 and 3: Saturdays, May 11 and 18. These are educational and riding sessions held at the Portage YMCA, 2900 West Centre Ave in Portage. We will be getting into the details of safe riding and keeping your bike operating properly, so bring your bike and all your riding gear (helmet, mirror, bike clothing, protective eyewear, and bike gloves).

Sessions 4 and 5: Saturdays, May 25 and June 1. These are also educational and riding sessions, but held at the Texas Township Park Pavilion on Texas Drive. Bring your bike and all your riding gear.

On Saturday, June 29, Bike Camp concludes with participation in KBC's KalTour, the Kalamazoo Scenic Bicycle Tour, which starts at Schoolcraft High School. Schoolcraft, MI 49087.

Cost, includes Bike Camp, one-year KBC membership, and entry into KalTour:

\$60.00 for individuals signed up on or before May 1

\$75.00 for families signed up on or before May 1

For additional information and to register, hold the Ctrl key and click [here](#).

If you would like to volunteer to help at Bike Camp, or have questions, please email:

bikecamp@kalamazobicycleclub.org

Please come and join us!

-KBC Bike Camp Committee

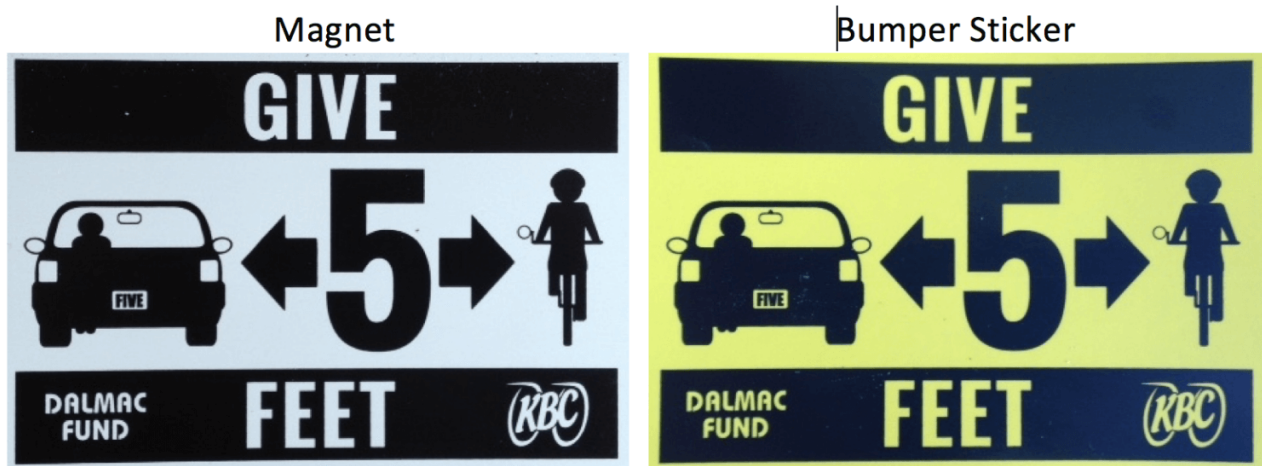
Education Committee:

The KBC Education Committee has received new 5' passing magnets to continue spreading the word about the 5' bicycle passing laws in Kalamazoo, Portage, Oshtemo, and Kalamazoo Township. You will find these available at all the local bike shops in early January. Please stop by and pick one up, and display it on your vehicle. I advise you to remove it when you go through the car wash. Please donate when you pick up your magnet to support bicycle education, or go to the KBC website to donate. Thanks.

Be aware that these 5' passing laws are still in effect in these four municipalities. The State of Michigan 3' bicycle passing law passed a couple of months ago does not supersede our safer local 5' passing laws, as many people assume. 3' is not enough!

Hang on to those 5' passing yard signs, so you can get them out there again in the spring.

Thanks, Paul Wells, KBC Education Chair



Eyeballs on a bike?

Not every bike has eyeballs, but I found this mid 60's Hawthorne coaster-brake bike with built in ocular headlights. (Sold by Montgomery Ward; built by Cleveland Welding Co.) -Ed.



60 BICYCLES GIVEN AWAY!

Most of you know about Open Roads, the local non-profit that works with disadvantaged kids. Youngsters get to earn a bike while also learning biking-related skills and social skills. In late November I learned Open Roads was about to receive 60 brand-new—still in the box—kids' bikes to be distributed through local organizations to deserving children for Christmas.



This was a big, big deal and Open Roads needed help assembling and distributing the bikes. Several people in the bicycling community here came together to help the mechanically-minded folks at Open Roads get the bikes put together while Executive Director Erin Denay and others worked with local agencies including churches and Goodwill to figure out who ought to receive them.

On the morning of December 21st a couple of KBC members (who are also Team Clark Logic members) met with three Clark Logic employees at the Open Roads facility on Riverview Drive. We used trucks and a trailer to take the bikes—along with helmets and locks for each bike—to three delivery sites in town where the final arrangements for brightening 60 kids' Christmases were completed.

Truly a great, heartwarming story—lots of people coming together to make lots of kids' Christmas dreams come true. And since the weather was relatively benign, I bet a lot of those bikes were actually ridden on December 25th!

By now, you are likely wondering where this—and the funds and planning to pull it off—come from. I sure did. The answer, a story about someone with a big, big heart, should be in next month's *PedalPress*.

--Doug Kirk

EXCITING NEWS ABOUT KAL TOUR!

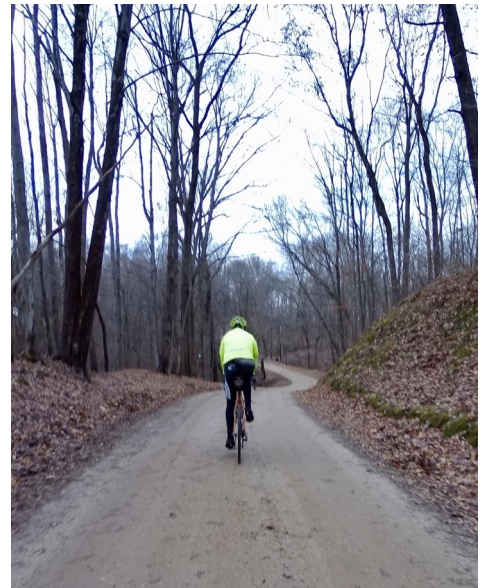
Mark your calendars and save the date now! KalTour 2019 will be held on **Saturday, June 29**. Yes – that's right – we are holding KalTour on a Saturday this year in hopes that more people can participate.

New this year is the exciting addition of a **Gravel Fondo** including two gravel routes of approximately 60 and 30 miles which will travel the extensive gravel road network that begins in the southwest area of Kalamazoo County. These two gravel routes are in addition to our lineup of paved road routes of 100, 62, and 31, 15 miles, as well as a guided 10 mile family route.

Now in its 28th year, the Kalamazoo Scenic Bicycle Tour (KalTour) is the Kalamazoo Bicycle Club's annual cycling event designed for bicyclists of many ages and abilities. Our start location will remain at Schoolcraft High School, offering easy access to low-traffic, flat, country roads.

Tour organizers will have more information about this year's KalTour as the planning continues.

-Dale Abbott



A view from Mann Rd., on the Kal Tour Gravel Fondo route.

ABOUT KBC

Recognizing that Southwestern Michigan offers a rare combination of good bicycling roads and great scenery, several cycling enthusiasts got together in 1971 to form the Kalamazoo Bicycle Club.

They wanted to support and encourage other riders in the area, to promote the sport of bicycling, and to have fun. As shown in the Club Mission, that tradition continues today in the Kalamazoo Bicycle Club.

Club Mission

The purpose of the Club shall be to promote bicycling; to encourage and facilitate touring, races, bicycle outings, and all forms of recreational bicycling activities; to defend and protect the rights of bicyclists; to secure a better understanding and recognition of the need for safer riding conditions; to encourage the allocation of facilities for bicycling on public lands; to cooperate with the public authorities in the observance of all traffic regulations; to provide an opportunity for members to socialize with others who have an interest in bicycling; and to recognize bicycles as vehicles used for pleasure, fitness and transportation. The Club will cooperate with other organizations with a similar goal and purpose. Hold Ctrl and click [here](#) to view the constitution.

Editor's Letter: Visions of the Cycling Season to Come

"The children were nestled all snug in their beds, While visions of sugar-plums danced in their heads. . ." You may have read or heard this line sometime in the past month as the Christmas season cranked up and then wound down. Of course it is from Clement Clarke Moore's poem, [A Visit From St. Nicholas](#). While you may not dream of sugar plums, perhaps during these short dark days you starting thinking about cycling and warmer weather. That has certainly been the case for me.

In fact, I have an extra incentive to think about the year to come: as a 49 year old I will encounter a milestone birthday in about 6 months. We all hear people complain about aging and the way they can't do what they used to do, aches and pains, and blah blah blah. Julie and I have decided to resist. In fact, I have set myself a BHAG that will take about 18 months to realize. Jim Collins is a business writer who coined the BHAG acronym in his book, [Good to Great](#). It stands for Big, Hairy, Audacious Goal. My BHAG is to complete an epic week in European mountains. The big ride won't take place until 2020 when I tack it on to one end of a family vacation in Germany and Austria. As the tour companies haven't published their calendars that far out yet, I don't know if I will be riding climbs of the Tour de France or the Giro d'Italia. But either way, it will be 40,000-ish feet of climbing in 6 days. I expect the scenery to be breathtaking. Check Google images of the Stelvio Pass or Alpe D'Huez for a sense of what I mean. The altitude will likely be breathtaking as well.

I don't normally climb 40,000 feet in a week. Or in a month. So this BHAG is going to take some preparation. I read Selene Yeager's book called [Climb](#) and am now in the YMCA weight room twice a week performing weighted lunges, squats and deadlifts. Because misery loves company I have a training buddy who will join me on this BHAG quest. We have planned trips to Mount Marian and Mount Mitchell, the highest point in the US east of the Mississippi river. The Mount Marian ride is 72 miles with about 4,500 feet of climbing. Mount Mitchell adds another 30 miles of distance and 6,000 feet of elevation for a total of about 10,500. This is just to get us ready for Europe.

Not everyone wants to kill him/herself in Europe. Some people want to actually enjoy their time on the bike. I can imagine "Enjoy every ride" being a great goal! Or how about complete my first century ride of 100 miles? Here are some other potential goals for 2019:

- Learn to ride on gravel roads.
- Figure out how to bunny hop.
- Ride no-handed
- Pop a wheelie (Insider info: Pedal Bikes has built a jig to hold the back wheel of a bike so one can safely practice popping the front wheel up and learning the balance point)
- Become a ride leader and lead a Club ride
- Set a new personal record

As we wait for the days to grow longer and the temperatures to rise, will you join me in setting a cycling goal for 2019? If you do, please send me a note to editor@kalamazoobicycleclub.org. I would love to hear what goals you set! And no sugar plums allowed!